
SLHS

Parent Survival Guide

2013-2014

San Leandro High School
2200 Bancroft Ave., San Leandro, CA 94577
Phone: 510-618-4600

Website - www.SLHS.net



HOME OF THE PIRATES

Dear SLHS Students and Families,

Welcome to the 2013-2014 school year! This Survival Guide has been designed by our SLHS Parent Equity Committee to help you navigate SLHS and make your experience here a positive and helpful one. We are committed to providing our students with a rigorous education that gives them many options once they graduate. We offer a wide variety of courses for our students and will work with you to make the best selections!

In addition to our academic program, SLHS has many extracurricular activities for students. There are many clubs to choose from that meet regularly and help students make new connections and friendships. Our athletic program is very strong and we offer three levels of competition in many sports. I encourage all our students to get involved in something, be it a club, student government, or athletics. There is something here for everyone!

SLHS needs parents who are our partners. We realize how challenging it is to find time to stay involved and communicate regularly with school, and we are continually working to improve our services so that every family can access our services. Teenagers need a lot of guidance and support from teachers, counselors, staff and parents. Our number one priority is that students are punctual and attend all their classes every day. Attending school is a skill that prepares students to be successful and productive in life. It is the cornerstone for academic success.

We hope this handbook is useful and helpful to you. Please take a few minutes to familiarize yourself with its contents, as it is a resource we hope you use throughout the year. Don't hesitate to contact us if you have questions or comments.

On behalf of all the staff here at San Leandro High School, I welcome you and hope you have a wonderful year!

Linda Granger
Principal, SLHS

San Leandro High School
Frequently Used Telephone Numbers

GENERAL INFORMATION 618-4600			
Principal: Linda Granger Secretary: Zaira Duncan	x 2162	Attendance Office: Chris Stahowski Diana Herrera	x 2130 x 2372
Associate Principal: Sonal Patel Secretary: Maria Esparza	x 2322	Assistant Principals: Elisa Alvarez Guillermo Morales Ron Polk Assistant Principal FTK Jorge Gonzalez Assistant Principal Secretaries: Michele Felarca Maria Ochoa	x 2168 x 4604 x 2167 x2322 x 2167 x 2168
Registrar's Office: Stephanie Jones	x 2374	Counseling Office: Amy Olsen, secretary	x 2164
School Bank: Lisa Maral	x 2129	Counselors Wanda Armstrong	x 2125
Athletic Directors: Jerome Manos Jeanette Wood	x 2346 x 2177	Mark Hamilton Jerome Manos Veronica Rivera	x 2174 x 2346 x 2173
Library	x 2160	Leena Yee	x 2174
School Resource Officer	x 4607	Adult School	667-6287
Student Activities	x 2407	Superintendent: Dr. Mike McLaughlin	667-3522

To reach all extension numbers above (those preceded by an "x") you must call 618-4600 first and then enter the extension number.

Additional SLUSD personnel phone numbers are available at 618-4600 or on the school's website at www.slhs.net

Welcome from the Parent Equity Committee!

We, the Parent Equity Committee, designed this guide with you in mind--our school community-- to best serve all stakeholders--and that means you! We welcome suggestions and additions to this guide as it is a work in progress. We want you to feel welcome to join us at any time. Feel free to contact any member to help you have a productive and enjoyable year. We want to keep you connected while you journey through the high school experience with your students.

The San Leandro High Parent Equity Group

Contents

Bell Schedule.....	5
What does San Leandro High School Have to Offer.....	6
Attendance = Success.....	8
School Rules and Expectations.....	11
Campus Security.....	12
Counseling and Guidance Services.....	14
Supporting your student and student support services	
Planning for Graduation, College, and Beyond.....	20
Academic Requirements for Graduation.....	20
California High School Exit Exam Test Dates	
Admission Requirements- UC and CSU.....	22
SAT and ACT Test Dates.....	24
College Checklist for 10 th , 11 th , and 12 th grade students.....	25
Enrichment.....	29
Sports, Clubs and Extracurricular Activities.....	30
Opportunities for Parent/Family Involvement at SLHS.....	32
Counseling Department Timeline of Programs & Services.....	Back Cover
School Calendar – Important Dates	Back Cover

Bell Schedule

Regular Day		Collaboration Day	
Period 1	7:15 - 8:10 (55 min)	Period 1	7:20 - 8:05 (45 min)
Period 2	8:15 - 9:10 (55 min)	Collaboration	8:10 – 9:10
Period 3	9:17 - 10:12 (55 min)	Period 2	9:15 - 10:00 (45 min)
Period 4	10:19 -11:19 (60 min)	Period 3	10:07-10:52 (45 min)
Lunch	11:19 - 11:54 (35 min)	Period 4	10:59 – 11:49 (60 min)
Period 5	12:01 - 12:56 (55 min)	Lunch	11:49 – 12:24 (35 min)
Period 6	1:03 - 1:58 (55 min)	Period 5	12:31 - 1:16 (45 min)
Period 7	2:05 - 3:00 (55 min)	Period 6	1:23 – 2:08 (45 min)
		Period 7	2:15 – 3:00 (45)

Final Exam Bell Schedule:

Period 2 Final:	8:15 – 10:15	Period 4 Final:	8:15 –10:15	Period 6 Final	8:15 – 10:15
Break:	10:15– 10:30	Break:	10:15–10:30	Break:	10:15 – 10:30
Period 3 Final:	10:35 – 12:35	Period 5 Final:	10:35 –12:35	Period 7 Final:	10:35 –12:35

Communications:

- ◆ **SLHS.net** - Check the high school website www.SLHS.net for Daily Bulletins, meeting announcements, scholarship opportunities, sports calendars, etc.
- ◆ **Aeries Browser Interface (ABI) - Aeries** a mode of communication for parents and teachers. It's the school's student information database software. Parents now have access to their child's attendance, grades, as well as the ability to view the teacher grade book for their student's classes. You must have an email address and your child's Aeries ID number to access the database. Contact the counseling office, the AP office, or the librarian for your child's Aeries ID number. For instructions online, go to www.slhs.net under the "for parents" tab.
- ◆ **EMAIL** – if you have email, please submit your email address to United Parents, unitedparents@gmail.com to receive school notices, UP meeting reminders, and other important information. You don't have to be a member to sign on.

What Does San Leandro High Campus have to Offer?

San Leandro High School (SLHS)/ Fred T. Korematsu (FTK) Campus offers challenging curriculum and electives, creative opportunities in the arts, and an extensive variety of sports, clubs and extracurricular activities. We also offer several "small schools within a school" academies for students to find a niche and pursue their interests. We continue to work to improve our programs. We have updated our six-year plan and were accredited by the Western Association of Schools and Colleges (WASC). We encourage you to review these opportunities with your student and encourage them to explore their options further. Full course details are provided in the **SLHS Course Directory** provided to each student in the spring. The course directory is available on the school website and given to the students in the spring.

AVID - Advancement via Individual Determination

Avid is an in-school academic support program that prepares students without a college-going tradition in their families for college eligibility and success. It places academically average students in advanced classes and gives them the support they need to succeed. To find out more, contact Traci Avar, AVID coordinator a tavar@sanleandro.k12.ca.us

Career Technology Department & SLHS Academies

The Career Technology Department offers courses in:

Auto mechanics	Journalism
Graphic arts	Computer science
Keyboarding	Wood working
Metal shop	

Additional career training courses are offered through the Eden Regional Occupational Program, ROP. More extensive programs are offered through our academies:

◆ SLAM – San Leandro Academy of Multimedia

SLAM, is a three-year program starting in the sophomore year and ending with graduation as a senior. We teach multimedia skills such as digital photography, animation, web design, video production, 3d graphics, and special effects. Students also take English and social studies within SLAM and complete many different multimedia projects using the English and social studies content. 9th grade students are recruited in the spring. For more info, contact *Phil Hargrave*, 618-4600 ext. 2618, phargrave@sanleandro.k12.ca.us

◆ Academy for Business & Finance

The Business Academy is a 3-year program for students in grades 110-12. This program supports linking school to work, which builds workplace skills and teaches the importance of professionalism, problem solving, self-management and teamwork. Students learn marketing concepts such as selling, advertising, promotion plans, business ownership, management, finance, and business plan development. 9th grade students are recruited in the spring. For info, contact *Mary Styner*, 618-4600 ext. 2402, mrsstyner@hotmail.com

◆ DECA –Marketing, Management & Entrepreneurship

DECA is an association of marketing students that is known internationally. They are supported by large corporations and small businesses. Students have the opportunity to compete locally and internationally. 11th and 12th grade students participate via enrollment in marketing classes. Students who are working have the opportunity to earn credit for their work experience while enrolled in marketing classes. Contact *Deborah Maynard*, 510-618-4600x2406, maynardslh@aol.com

◆ Social Justice Academy

The newest academy at SLHS was awarded a three year grant from the California Dept. of Education for Specialized School Programs. This academy provides 10th –12th grade at-risk students with a forum to become catalysts of social, political, and environmental change. In combination with English and History classes that utilize service learning strategies to connect project based learning with standards based instruction, a series of specially designed electives allow the students to form partnerships with over 15 local and national community organizations. 9th grade students should contact *Ari Dolid*, 618-4600 ext. 2222, adolid@gmail.com in the spring.

Eden ROP (Regional Occupational Program) – www.edenrop.org

Eden offers over 135 career training courses in the areas of Business, Health, Home Economics, and Industrial Technology. Students can earn up to 40 credits a year. They are located at 26316 Hesperian Blvd. in Hayward. FREE bus transportation is offered for high school students enrolled in ROP courses. Students interested in these programs should see their high school counselor or call Program Coordinator, *Karen Huff*, 510-293-2903, karenh@edenrop.org

Music Program

- ◆ Wind Ensemble
- ◆ Orchestra
- ◆ Jazz Band
- ◆ Choir
- ◆ Notables
- ◆ SLHS Musical Theater
- ◆ Music Appreciation

Art Program

- ◆ Drawing & Painting
- ◆ Advanced Drawing & Painting
- ◆ Sculpture 1 & 2
- ◆ Studio Art & AP Studio Art
- ◆ Drama & Advanced Drama
- ◆ Fashion Design
- ◆ Video Production

Award Winning School Publications:

The Cargo – is our school newspaper. Students produce this newspaper in the Journalism class at SLHS.

SLHS Annual Yearbook – participation in the production of the annual yearbook is offered as a class at SLHS. See your student's counselor to sign up.

SLHS CollegeBound — Contact Amy Olsen at 510-618-4600 ext. 2164

This after-school program provides information on How-To-Get-Into-College: college admissions, interviews, scholarships, and applications. It provides an SAT prep course and practice test, test tips, strategies, and SAT essay skills. They visit college campuses throughout year. The club meets once or twice each month. There is a nominal fee to join. Scholarships are available. Information and meetings for Parents, too!! Fun, food and raffle prizes, too!

AP Courses – Full details of AP and Honors courses offered at SLHS are located in the **SLHS Course Directory** provided to each student in the spring. Examples of AP Courses currently offered include:

- ◆ AP American Government
- ◆ AP Computer Science
- ◆ AP US History
- ◆ AP World History
- ◆ AP Chemistry
- ◆ AP Biology
- ◆ AP Physics
- ◆ AP Studio Art
- ◆ AP English
- ◆ AP Calculus, AB and BC
- ◆ AP French
- ◆ AP Spanish
- ◆ AP Statistics

AP Exams – Students in AP courses at SLHS are required to take the AP Exam in May. Exam dates can be found on the www.Collegeboard.com website under AP Tests. College Board does charge a fee for AP tests. Students who participate in the school lunch program may apply for a fee reduction.

Attendance = Success

Daily attendance is critical to student success at SLHS. In order to achieve and earn credits, it is vital that students attend school every day, every class, and be on time. However, please do not send your student to school if they are contagious. Consistent student attendance generates \$\$ for paying teachers and staff salaries, buying books and keeping our school clean and safe. Attendance is monitored on a daily basis.

Tardy Policy: 2013-2014

Definitions/reporting:

- A tardy is defined as a student arriving late to class (within 20 minutes)
- Students who arrive after 20 minutes are considered absent.
- There are no excused or unexcused tardies – the system does not differentiate.
- If a student has some legitimate reason for being late and the teacher does not want them to be “officially tardy”, the teacher should note the time/day they were late but not mark them tardy in AERIES.
- Teachers should **not** keep a student after class and make them late to the next class. Teachers do not have to see notes from other teachers as “excused” tardies – it is at their discretion.
- Teachers should not allow students out the first or last 20 minutes of class

Consequences for Tardies/Cuts:

- **Tardy Policy** -The Tardy policy is based on progressive disciplinary measures. Tardies will be managed individually by teachers and administratively by Assistant Principals when they become excessive.
- **All Tardies:** According to the individual teachers's classroom management plan, the teacher will counsel the student, contact the parent/guardian, assign teacher's classroom detention, and/or refer to an Assistant Principal for assignment of after school detention for one-hour. Every time a student is tardy they will receive a phone call home from the autodialer.
- **Tenth Tardy:** Will generate a formal letter to the parent/guardian and a referral to the school student attendance review team (SART) for further decisions on assistance, discipline, or disposition on the student
- Every three tardies should equal a cut – three cuts, and the student's participation grade for that class can be lowered to zero.
- Students who have more than 3 cuts (9 tardies) will not be allowed to participate in extracurricular activities for that semester (dances, sporting events).

School wide activities to support timeliness:

- Warm ups at start of class to earn participation points
- Tardy sweeps at start of one- two random periods every day
- *Perfect attendance/no tardy "incentives" – certificates, etc.*

Necessities:

- ◆ All teacher syllabi will define the participation grade and to state how much of the class grade is based on participation.

Homework Policy when Absent:

After a student has been absent 3 consecutive days, a parent/guardian may request homework for the student's classes. In 48 hours the homework will be ready for pick-up in the Attendance Office.

Are Absence and Late notes required?

- ◆ If your student is absent from school for any reason, the absence **MUST** be cleared within 48 hours or a cut will be issued.
- ◆ You may call the Attendance Office to clear an absence. If you do not call the Attendance Office, then upon return to school the student **MUST** have a note written by a parent/guardian excusing the absence. Notes must contain the **student's full first and last names** and be brought into the Attendance Office immediately upon the student's return to school. (Students may **not** write their own absence notes; students who falsify notes will be suspended.)
- ◆ Parents may check on a student's attendance by accessing **Aeries Browser Interface (ABI)**. You must have an email address and your student's Aeries ID number to access the database. Contact the school's Administration for your student's Aeries ID number. OR by calling the Attendance Office anytime between 7:30am and 3:30pm at 618-4600 ext. 2130 or 2372. They will be glad to assist you with any information regarding your student's attendance.

May students leave at lunch?

SLHS is a closed campus and students **are not allowed to leave** campus during lunch.

What happens if my child forgets his/her lunch and has no money for lunch?

The schools do not allow students to charge meals; however, the students will be offered a salad and milk. Our goal is to not have students hungry while learning is taking place.

How do I sign my student out of school early?

Before school starts in the morning, your student must obtain a **Permit to Leave** from the Attendance Office whenever they have an appointment or must leave school for any reason. Either a note written by a parent/guardian or a phone call from a parent/guardian must be provided on the day of the appointment.

SAN LEANDRO UNIFIED SCHOOL DISTRICT	
PERMIT TO LEAVE	
Name: <u>SAMPLE</u> _____	Grade: _____
Date: _____	Time: _____
Reason for Leaving: : _____	
Signature: _____	
Returning : _____	Time to class _____
Next Appointment : _____	
Signature : _____	
<small>(Dentist, Doctor, Clinic, Hospital or other)</small>	

Change of Residence:

All students must report a change of residence within 5 school days or be subject to transfer. You are required to apply for a permit to continue at SLHS if your change of residence is reported within 5 school days of moving.

Emergency Cards are Important!

Emergency Cards tell us who is authorized as a contact in an emergency. Only parents, guardians, or the individuals listed on the card may sign out a student from school. Please provide a current emergency card at Registration, or fill out a new one if your contact information changes during the year.

Please keep in mind that the Primary number you list on the card will be used for school automated communication phone calls in the language you list as Communication Language and not home language.

Keeping the emergency card up to date with your latest phone number and address is also critical, should an emergency arise, and we need to contact you.

Make a note of your student's emergency contacts & phone numbers:

In the Event of a Disaster, please do not call the school.

As soon as possible, the school will contact parents following a disaster, or information will be conveyed via emergency radio stations such as KCBS-740 AM, KGO-810 AM or KNBR-680 AM.

Earthquake/Disaster Procedures:

We use the "Duck, Cover and Hold" procedure during a disaster drill. A major goal of the school administration is to account for all staff and students in case of an earthquake or other type of emergency. Therefore, a procedure has been developed which requires that all students stay on campus and go to the assembly area for roll call with their class. We will then be able to account for each student and give this accurate information to a parent or guardian in the aftermath of an earthquake or other type of disaster.

Where and when to assemble in case of emergency:

Think of the term "fall back." If an alarm sounds before, after school, or during lunch, every student will assemble to the rear of the school in the grass playing fields. If an emergency occurs during a passing period, students will "fall back" to the assembly area of their previous class. If students are in class, they will take their instructions from their teachers and follow them to the classroom's assigned assembly area. Attendance will be taken. Follow this procedure for any class period throughout the day. *"1st period" classes go to the assembly area and line up with your teacher.*

School Rules & Expectations:

SLHS Code of Conduct:

We are committed to providing a quality educational environment that is safe, secure and free of disruption. We are also committed to helping each student develop the self-control and personal behavior traits expected of a responsible member of a democratic society. Students are to respect established authority—personnel, faculty, or staff member—which includes obedience to school rules, regulations, and procedures. **We believe that the ultimate responsibility for a student's behavior rests with his/her parents or guardians.** We anticipate that parents will be concerned and cooperative in dealing with any behavioral problems that may arise, and expect that this cooperation will be made apparent to their student. The faculty will be available to confer with parents in person or over the telephone when necessary or requested by the parents. San Leandro High School requires our students to conduct themselves in a manner that does not endanger themselves or others and that shows pride and responsibility for the care of our school grounds and facilities. We expect students to take full advantage of the educational opportunities that are presented to them. Students should be punctual, prepared for school, and follow all school rules at all times. They should seek to resolve conflicts peacefully.

Electronics: Electronic devices other than cell phones are not allowed at school. If students ignore this rule, the school is not responsible for their loss. If staff see a student with an electronic device, we will confiscate these items.

Cell Phones are to be turned off and not used during class time and during passing periods. They may only be used at lunch and must be put away when the lunch bell rings. Using a cell phone during class time, even if in the hallway during classtime, will result in confiscation and return to the student after school on the first incident. This rule applies to all conversations, including those with parents, legal guardians or family members. Subsequent incidents will result in the phone being returned only to a parent/legal guardian. If a student needs to call a parent, legal guardian or family member, make arrangements in the attendance office.

Please review the San Leandro Unified School District Student/Parent Handbook for District policies and expectations. Copies are available at Registration, in the School Office and from the SLUSD Office at 14735 Juniper St., San Leandro, CA 94579.

Student/Staff Communications

Handling Student /Teacher Conflict

In a disagreement with a teacher, the **student** should try the following:

1. After class approach teacher quietly and respectfully. Ask if it is convenient to talk or make arrangement for another time.
2. Write a brief account of your side so you will remember the details.
3. Meet with the teacher at the time and ask to be heard. State your version and then listen to the teacher's side.
4. If there is no solution at this point, see your counselor for help or ask your parent to get involved. Conflict mediation is available if desired.

Formal Complaint Procedures:

If the student or parent is not satisfied with a disciplinary action taken by an Assistant Principal or an action by a teacher, the following steps should be taken:

1. Discuss the situation with the appropriate Assistant Principal.
2. If the matter is not resolved to your satisfaction, discuss the situation with the Principal.
3. If the matter is still not resolved to your satisfaction, file a formal complaint with the Associate Superintendent, documenting your concerns on the complaint form. The complaint form is available from the Principal's secretary. Within 10 days you will receive a response.

Campus Security

Is my student safe at the high school?

The high school has 8 full-time campus supervisors, two (2) SLPD Resource Officer, and 6 administrators to help ensure student safety at SLHS. Of these positions, 2 campus supervisors and 2 administrators will be at the Fred T.

Korematsu Campus, with the school resource officers splitting time between the 2 campuses as needed. We encourage parents/guardians to visit the campus and become involved in their student's high school experience, so they will feel comfortable on campus, too.

Visitors:

Parents/guardians and other adults are required to check in at the Principal Secretary's Office and obtain a visitor pass before proceeding on campus.

Conflict Management Consultation:

If you know that your student is having a conflict with another student at the high school, please immediately contact an Administrator at 618-4600 ext. 2167 or ext. 2168 to arrange mediation. Mediations have proven to be very successful in resolving these issues.

Campus Supervisors:

Campus Supervisors provide assistance to students and faculty both on campus and at school sponsored activities off campus. They are here to maintain security and provide protection to students and staff and assure that unauthorized persons are not on campus during school hours. They also assist in investigating crimes and resolving conflicts. If you need to speak with a campus supervisor, inquire at the Assistant Principals' office, 618-4600 ext. 2168.

The School Resource Officer (SRO):

San Leandro Police officer is assigned to the High School. The officer has been hand selected for his/her abilities in working with youth and school personnel. The SRO is a counselor, investigator, and a police officer involved in crime prevention. He/she is here to work with students in addressing problems as a result of violence or gangs. The SRO program allows students to anonymously report crimes, violence or trouble. If you need to speak with the SRO, he/she can be reached at 618-4600 ext. 4607 or leave a message in his/her office, which is located inside the Attendance Office.

Assistant Principals:

If a student needs to speak to an Assistant Principal about a referral, detention, or any other reason, they may go, outside of class time, to the Assistant Principals' office to request an appointment from the Assistant Principals' Secretary. To contact talk with an Assistant Principal during class hours students are required to have a pass from their teacher.

I.D. Cards:

Students are issued ID cards at the beginning of the school year. They are required to carry school ID **at all times**. Identification Cards are also required to attend all school functions. Replacement Identification Cards may be obtained from one of the school's Campus Supervisors. There will be a \$5.00 replacement charge for lost cards.

Student Drop-off and Pick-up at the Main Campus:

Students may not be dropped off or picked up in the North/Cafeteria parking lot because it is a safety hazard. Students should be dropped off in the South Student Parking Lot or in front of the school ONLY. The North/Cafeteria parking lot is for STAFF ONLY. Note: **You cannot make a left hand turn into the turnaround in the front of school or into the Student Parking lot, except after 5pm.** If you are planning to drop off your student in the front turn around, you must approach the school from the South on Bancroft Ave.

Student Drop –off and Pick Up at the Fred T. Korematsu Campus:

Parents may drop their students off in front of the FTK Campus on Bancroft Ave. Preferably, it may be safer to drop students off while headed West on 138th St. and continue on turning right onto E. 14th St.

Counseling & Guidance Services

San Leandro High School offers a full guidance/counseling program. Counselors will work with your student to create a 4-year plan for the present and assist them in planning their future. They evaluate educational and vocational information and help your student relate this information to their interests and abilities. The Department provides extensive information on scholarships and financial assistance workshops. Please refer to the Counseling Department Student/Parent Handbook for a complete list of services.

Counseling Appointments:

- ◆ Students may sign up in the counseling office to see their counselor. They will be contacted regarding their appointment within 48 hours.
- ◆ You can reach your student’s counselor by calling the Counseling Dept. at 510/618-4600 ext. 2164.

Incoming Students from other Countries:**◆ What grade will my child be placed in when he/she registers at SLHS?**

When students enter our district, they are placed at age appropriate grade level even though they may have received a diploma from their country.

◆ How do I make sure my child gets credit for courses taken in another country? Bring an official transcript (if possible translated) to the attendance office. The attendance clerk will make the necessary copies, but be sure to keep the original transcript for your records. Both the registrar and the student’s counselor should receive a copy of the transcript.

The counselor will use the transcript to help determine what courses to enroll your child in and determine what credits if any can be applied toward graduation. Always ask the counselor if he or she received a copy of the transcript because sometimes paperwork gets lost.

◆ Will my child receive credits for all the high school courses taken in another country? We will try to help the student be successful in fulfilling the requirements for graduation using the transcripts, but not all credits are

transferrable. For example, if a student took a semester of Spanish in Mexico, that course will count toward the foreign language requirement. However, other courses may be too vague or do not meet the requirements of our school.

We never give more credits than our students are able to take in a semester (30 credits per semester).

◆ **How will I know if my child received credits for the courses taken in another country?**

You can check your student's grades, courses and credits online by logging on to **Aeries Browser Interface (ABI)**. Once you are logged on, click on **Grades** and then on **Transcripts** to see the student's credits. If there are any questions or discrepancies talk to the counselor so the matter can be resolved sooner than later.

- ◆ Following these steps will ensure that the student receives credit for courses taken and does not repeat courses he or she has already taken.
- ◆ If you have any questions regarding these recommendations you may contact María Aréchiga (SLHS Equity Team member) via e-mail at mfarechiga@yahoo.com or any other Equity Team member.

What Special Education Services are available for my student?

A student having one or more of thirteen conditions which adversely affects his or her educational performance may be eligible to receive special education services.

The IEP team, of which the parent is an important member, determines a student's eligibility and identifies any needed program, aids, and services. Such instruction, aids, and services are considered necessary for the student to progress in school. The needed program's aids and services must be provided in the Least Restrictive Environment (LRE). Members of the student's IEP team meet at least once a year:

- To review the student's progress, the IEP (i.e., program and services), and the appropriateness of the placement, and
- To make any necessary changes in the student's program.

It is important to know that Special Education is the provision of necessary instruction, aids, and services for eligible students such as:

- Brailled Homework
- Consultation with Resource Specialists
- Environmental Accommodations
- Physical Assistance
- Behavior Plans
- Occupational Therapy
- Modified Curriculum
- Adapted Physical Education
- Speech and Language Instruction

Remember: Special Education is NOT A PLACE AND.... Special Education is NOT supplementary aids or services for students with learning difficulties which are due primarily to cultural or economic differences, lack of familiarity with the English language, or limited school experience. In addition, special education is not designed to meet the needs of students who have temporary physical disabilities.

How do I get my student Special Education Services?

Several procedural steps are required for a student to be identified for special education services and for reviewing the ongoing need for these services. Meet with your student's counselor to start the necessary steps.

When do students receive their class schedules?

Students receive their tentative class schedules at Registration in August. The tentative schedules will not include teacher names or classroom numbers. Students pick up their completed schedules on the 1st day of school at the SLHS student cafeteria windows.

What if my 9th grade student has classes at the main campus and classes at the Fred T. Korematsu campus?

Students who have classes on the main campus and the Korematsu campus will be escorted to and from the campuses by one of the campus supervisors. Every effort will be made to have the students travel only one way, by starting their day or ending their day on the other campus.

What do I do if I feel there is an error with my student's schedule?

During the first week of class a student may petition to change a class. Petition forms can be obtained in the Counselors' office. Or you can make an appointment with your student's guidance counselor, preferably before the start of classes, in order to correct any scheduling errors. Please note that we can only correct scheduling errors. Changes will not be made for teacher preference or to accommodate social reasons. No changes can be made after the first 2 weeks of class.

Who is my student's counselor and when would I need to see one?

You will find the name of your student's counselor at the top of his/her class schedule. This is subject to change based on enrollment. You or your student might need to see a counselor to:

- ◆ Change a course
- ◆ Create a 4-year plan for graduation or college eligibility (discussed in detail at 9th Grade Level Meetings in the Fall, but shorter plan can be made at any grade)
- ◆ Provide social or emotional support or discuss referrals
- ◆ Provide assistance with college planning, application and acceptance

Sample Schedule of Classes

Student Name		Student ID		Permanent ID		Date of Birth		Sex		Grade		Trk	
School				Locker		Combination		Entrance date					
San Leandro High School													
Class Schedule										Counselor : _____			
Period	Semester	Day	Sec#	Course ID	Course Title	Teacher	Room						
1	Y	XX	146	2284	Geometry	Picolet R.							
2	Y	XX	215	1191HR	English 1 H	Heverly G.							
3	F	XX	1366	1730	Geography	Nahmias J.							
3	S	XX	1363	2813	Health and Safety	Anderson T.							
4	Y	XX	355	2511	Co. Ed. PE 9	Liesefeld JC GYM							
5	Y	XX	1381	3261 HR	Science 1 H	Ho C							
6	Y	XX	493	4132	Spanish	Carino							
Parent/Guardian				Tel.		Work # (father)		Work # (mother)					
Address				City		Zip Code		Date					

Whom do I contact if my student has a problem in a class?

If your student has a problem in class, the student should first speak with the teacher. Many cases are resolved at this level. However, if the problem is not resolved, the parent should contact the teacher directly. If you do not receive a return call back from a teacher within 48 hours, or the situation has not been resolved, please call an Administrator. Teacher contact numbers are listed on the SLHS.net website under "Departments".

May I visit my student's classroom?

Absolutely. We ask you to contact the Principal's Secretary, at 618-4600 ext. 2162 at least 24 hours in advance. Although advance notice is not mandatory, it will minimize the chance of coming to a class on a test day or a day of minimal activity.

Homework:

Students should expect homework in each class, each day. If you are not regularly seeing your student doing homework, your student may be at risk of failing one or more courses. **Keep in mind that homework is used to prepare for test/quizzes and may be large part of the grade. Not turning in homework for a week can negatively impact the grade for the rest of the quarter. The student should use the planner daily to keep track of homework and due dates.** Please talk with your student, and feel free to contact your student's teacher(s) or counselor if you have questions.

Student Planner:

A Student Planner is provided to each student at Registration each year. This planner is a valuable tool for your student to use daily to record homework assignments, due dates, etc.; it also provides a full list of school rules, dress codes, cell phone usage, behavior expectations, etc. Please follow up with your student to help them use this tool to develop their time management skills and organization skills.

SLHS Library: Monday through Friday, 7:45 am to 6:00 pm

The high school library is a wonderful resource for students. Our library is staffed by professional librarians. Students are welcome to use the library for quiet study, research in the computer lab or check-out a laptop. Students may access the library website at www.slhslibrary.org to use the online databases, obtain info on Department sites, or take Exit Exam tutorials (CAHSEE).

Library Hours at the FTK Campus will only be open during school hours, 7:45am-3pm.

We also provide afterschool intervention, tutoring and enrichment services for all students taught by certificated staff and college students.

SLHS Research Policy:

All students who are researching electronic resources must use one or more of the following:

- ◆ our school's databases
- ◆ the web links on our school's library web page
- ◆ websites provided by teachers
- ◆ sites found by students, but approved by teachers before they are included in a paper

Parents:

Inform your student that they need to use a legitimate media resource when conducting research for a course assignment. Researching information using Google or Yahoo is not a legitimate resource.

Library Online Database Tutorial:

Before your student uses the library online databases, have them take a few minutes to explore the following tutorial on the library website. To access our library database, go to the library website at www.slhslibrary.org and simply click the screen on the link below:

THOMSON GALE DATABASES

Use the Thomson Gale databases for all of your research needs. This link will take you to your choice of a general knowledge database, a biographical database and a database of primary documents. You may also search all of them at once.

What social support services are available for my student?

Conflict Management Consultation:

If you know that your student is having a conflict with another student at the high school, please immediately contact an Administrator at 618-4600 ext. 2168 to arrange mediation. Mediation has proven to be very successful in resolving issues.

Student Success Teams (SSTs)

SSTs are run through the counseling office and may be requested at any time by a parent. SSTs meet to explore possibilities and strategies that will best meet the needs of students who are struggling academically or behaviorally.

Alternative Programs:

San Leandro High offers alternatives to the regular program for sophomores or students who are 16 years of age to improve attendance and grades. This program is offered off campus. Contact your student's counselor to discuss this option.

Independent Study:

This program is for students with special circumstances that prevent them from attending school during regular hours. This program is off campus. See your student's counselor for specific details.

Eden Area Regional Occupational Program (ROP):

This program is for 11th and 12th grade students to acquire skills for entry level jobs and advanced technology training. Some of these classes are off campus. See your student's counselor for course options.

S.A.M.: School Age Mothers - See your student's counselor for more info.

Counseling and Support Groups:

SLHS employs counselors and support staff to serve our students. In addition to their services, various school and community groups offer out-reach and support programs. Community Resources are listed in this Guide or see your student's counselor to obtain current information about these services.

Planning for Graduation, College and Beyond:

Planning for the day AFTER your child graduates from high school really begins BEFORE you arrive. You and your student should regularly discuss the student's post-high school goals – whether it be vocational training, college, or work. We suggest that your student speak with people who are working in the fields that your student might be interested in to find out **what training is required. It is critical that you and your student fully understand what** courses your student will need to pass not only high school graduation, but also for college admission or work opportunities.

Academic Requirements for High School Graduation:

All students must pass the California High School Exit Exam (CAHSEE).

Courses	
English 1 (9 th gr.)	10
English 2 (10 th gr.)	10
English 3 (11 th gr.)	10
English 4 (12 th gr.)	10
Math (Algebra required)	20
Life Science	10
Physical Science	10
World History	10
US History	10
Government	5
Economics	5
Fine Arts or Foreign Lang	10
Physical Education	20
Practical / Voc. Education	10
Health & Safety	5
Non Departmental /Electives	65
Total Credits	220

California High School Exit Exam (CAHSEE):

Reading / Writing	California High School Exit Exam (CAHSEE)	Score of passing on the ELA portion of the assessment as defined by State. (350)
Math	California High School Exit Exam (CAHSEE)	Score of passing on the Math portion of the assessment as defined by State. (350)

Students must pass the California High School Exit Exam (CAHSEE) by the end of 12th grade in order to earn a diploma. Students initially take the test in 10th grade. If they do not pass, students have additional opportunities to take the test in 11th and 12th grades. Students who do not pass the Exit Exam are required to enroll in an intervention program. See your student's counselor for details. All students receive a study booklet to review before the test and a tutorial is available in the library.

Note: the Exit Exam is ONLY given on the dates above.

Repeating Classes / Class Failures:

High school grades range from A+ to F. If your student's progress report shows he/she is receiving a D or an F grade, you need to be in contact with his/her teacher immediately to discuss the problem and work out a solution. A grade of D constitutes passing the class at the high school level. However, a grade of D is not accepted by colleges as completion of a requirement. This includes honors and advanced placement classes. If your student receives a D, contact your student's counselor immediately to discuss possible options.

If your student fails a class, he/she may be in danger of NOT graduating.

Students who have failed required courses toward graduation must repeat the class in summer school or alternative programs. It is the responsibility of the student and his/her parent or guardian, assisted by the Counselor, to ensure that the student enrolls in the first available alternative opportunity. Alternatives are limited within our district, so contact your student's counselor immediately should your student fail a class. For additional information and options see your student's Counselor. Counselors will meet with students who are not on track to graduate to discuss alternative plans to enable students to earn a high school diploma.

How will I know how well my student is doing in school?

The high school schedule moves very quickly, with students taking 6 courses each semester. Progress reports and report cards are mailed home to inform parents of their student's progress. The school provides report cards four times a year: in November, January, March, and June. If you have any concerns regarding your student's progress, parents are encouraged to contact the teacher directly.

Parent's/Guardian's may also access Aeries Browser Interface (ABI). You must have an email address and your student's Aeries ID number to access the database. Contact the school's Administration for your student's Aeries ID number.

<p>Quarter End Dates: 10/25/13, 1/16/14, 3/28/14, 6/12/14 Progress Report Dates: 9/20/13, 12/6/13, 2/28/14, 5/9/14</p>
--

Weekly Progress Reports – can be obtained upon request:

Progress reports are sent home mid-quarter, four times a year. If you feel that you need a more frequent update on your student's progress, you may request a weekly Progress Report from the Counseling Office.

How to get one:

1. Students must pick up a progress report form before school in the counseling office on Friday mornings. Only students who have morning ROP classes may pick them up after 8:00am. Students will not be released from class to pick up this form.
2. Students take the progress report form to each class and have it filled out and signed by the class teacher. The report is taken home to be signed by the parent. For more information, contact the head counselor, Wanda Armstrong, or the Counseling Secretary, Amy Olsen, at 618-4600 ext. 2164 in the Counseling Office.

Undergraduate Admission Requirements:
University of California & California State University Systems

Subject Requirements:

To satisfy the "A – G" subject requirements, students must complete the high school courses with a letter grade of C or better.

Requirement Letter	Course Category	Minimum Yrs. Req.	Yrs. Recommended	Course Recommendations
A	History / Social Science	2	2	World History, US History, American Government
B	English	4	4	English 1, 2, 3, 4
C	Mathematics	3	4	Algebra, Geometry, Adv. Algebra
D	Laboratory Science	2	3	Science 2, Biology, Chemistry, Physics, Physiology, Environmental Science
E	Language other than English	2	3	Spanish, French, AP Spanish or French
F	Visual/Performing Arts	1	1	Drama/Theatre, Dance, Visual Arts, Music
G	College Prep Electives	1	1	History, English, Adv. Math, Lab Science, Foreign Language, Social Science, Art, Drama

Grade Requirements:

- ◆ Universities create an "Eligibility Index" based on the GPA and required test scores. California residents must have a minimum of a 3.0 for UC and taken 11 A-G classes by the end of 11th grade summer, or above 2.0 for CSU and completed 15 A-G courses by end of 12th grade. Meeting the minimum does not guarantee admission. See the UC and CSU websites in the attached chart to determine your Eligibility Index.
- ◆ Any courses where a student earned below a C must be repeated.
- ◆ Both UC and CSU assign extra points for up to 8 semesters of certified Honors (H) and Advanced Placement (AP) courses taken in the last 3 years of high school when calculating your GPA.

Examination Requirements:

- ◆ The University of California requires the SAT Reasoning Test **or** the ACT Assessment plus Writing. The best test scores from the same sitting will be used to determine eligibility.
- ◆ UC also accepts **TWO** SAT Subject Tests in two different subject areas, chosen from the following: history, literature, mathematics (level 2 only), science, or language other than English.
- ◆ The California State University requires the SAT Reasoning Test. Scores of 550 or above in both math and verbal exempt students from Entry Level Placement tests in math and English.

Transcripts: Grade transcripts for colleges and scholarships may be requested by students in the Registrar's office before school, at lunch, or after school, for a fee of \$5.00 with a completed request form. Please allow 48 hours for requests to be processed.

COURSES THAT MEET "A-G" REQUIREMENTS

Underlined courses denote honors credit for grades: A=5 B=4 C=3

<u>a-HISTORY</u>	
American Government <u>AP</u>	U.S. History H
American Government H	U.S. History CP or SDAIE
American Government CP or SDAIE	<u>World History AP</u>
<u>U.S. History AP</u>	World History H
	World History CP or SDAIE
<u>b-ENGLISH</u>	
English 1 H	<u>English 3 H</u>
English 1 CP or SDAIE**	English 3 CP or SDAIE* *
English 2 H	<u>English 4 AP</u>
English 2 CP or SDAIE**	English 4 CP or SDAIE **
	American Poet's Experience
	**Maximum 10 credits SDAIE English
<u>c-MATHEMATICS</u>	
Advanced Algebra (Reg. or SDAIE)*	<u>AP Calculus AB</u>
Advanced Algebra H*	<u>AP Calculus BC</u>
Advanced Algebra & Trigonometry*	<u>AP Statistics</u>
Algebra CP or SDAIE*	Geometry H*
	Geometry CP or SDAIE*
	Pre-Calculus
<u>d-LABORATORY SCIENCE</u>	
Chemistry	<u>Physiology H</u>
<u>Chemistry AP</u>	<u>Biology AP</u>
Physics	Forensic Biology
Physics H	Biology CP
<u>Physics AP</u>	Biology H
Physiology	Biology SDAIE
<u>e-FOREIGN LANGUAGE</u>	
<u>French AP</u>	<u>Spanish AP</u>
French 1*	Spanish 1*
French 2	Spanish 2
French 3	Spanish 3
French 4	Spanish 4
	Spanish for Spanish Speakers 1 & 2
<u>f-VISUAL AND PERFORMING ARTS</u>	
Art history and Appreciation*	<u>Studio Art AP</u>
Notables	Wind Ensemble*
Advanced Drawing & Painting	Choir*
Studio Art*	Orchestra*
Drama*	Graphic Arts*
Video Production*	Sculpture*
	Drawing and Painting 1*
<u>g-ELECTIVE COURSES</u>	
<i>All courses listed under "a-f" with the exception of * courses, plus the following:</i>	Medical Technologies
<u>Computer Science AP</u>	Psychology
Avid Senior seminar	Social Justice I
Marketing Economics ROP	Notables
	Business Ownership/Business Economics
	Economics H
	Economics CP
	Economics CP SDAIE
	Environmental Science *
	*This course fulfills the UC "g" requirement; this course also fulfills the CSU "d" requirement.

Other College Entry Requirements:

Entrance requirements vary from college to college. Most colleges and universities require a national entrance examination. Information on entrance requirements may be obtained by researching their website, reviewing their applications, or by visiting the Career Center.

SAT 2013-2014 Test Dates

www.collegeboard.org

Test Date	Test	Regular Registration Deadline (postmark/submit by)
October 5, 2013	SAT & Subject Tests	September 6, 2013
November 2, 2013	SAT & Subject Tests	October 3, 2013
December 7, 2013	SAT & Subject Tests	November 8, 2013
January 25, 2014	SAT & Subject Tests	December 27, 2013
March 8, 2014	SAT only	February 7, 2014
May 3, 2014	SAT & Subject Tests	April 4, 2014
June 7, 2014	SAT & Subject Tests	May 9, 2014

ACT 2013-2014 Test Dates

www.actstudent.org

Test Date	Registration Deadline	(Late Fee Required)
September 21, 2013	August 23, 2013	August 24 – September 6, 2013
October 26, 2013	September 27, 2013	September 28 - October 11, 2013
December 14, 2013	November 8, 2013	November 9-22, 2013
February 8, 2014	January 10, 2014	January 11-24, 2014
April 12, 2014	March 7, 2014	March 8-21, 2014
June 14, 2014	May 9, 2014	May 10-23, 2014

10th Grade Checklist for College Admission

SEPTEMBER

Meet with your counselor to plan your courses for the UC A-G requirements.

Sign up to take the **PSAT** in the Counseling Office—they have the date and location. The **PSAT** is the best preparation for the SAT Reasoning Test. Students in the 11th grade who take the test and meet other program entry requirements may enter National Merit Scholarship Corporation programs. Most important, the PSAT is a comprehensive tool that gives valuable feedback to both the student and the school. For more info, visit www.collegeboard.org

Check dates for the **SAT Subject Tests** – many colleges require two of these in two different subjects and students will want to take the test immediately after completing the course. So, for example, if you take World History in the Fall Semester, sign up to take the SAT Subject Test in World History in December. If you take the course in Spring Semester, sign up to take the SAT Subject Test in World History in June. See dates above and register at www.collegeboard.org for the SAT & SAT Subject Tests.

11th Grade Checklist for College Admission*

SEPTEMBER

- ◆ Sign up to take the **PSAT** in the Counseling Office. They have the date and location. You can also sign up at BACK to SCHOOL NIGHT.
- ◆ Join SLHS CollegeBound to hear college speakers & visit colleges
- ◆ Meet with your counselor to evaluate your records for the UC A-G requirements.

OCTOBER

- ◆ Take the **PSAT**
- ◆ Sign up to take the **SAT Subject Tests** in December for the courses you will complete this semester – Register at www.collegeboard.org
- ◆ Meet with counselor to evaluate your transcript for college preparation
- ◆ Attend the College Information Day at UC Berkeley. Visit www.eastbayconsortium.org to get date and location.

NOVEMBER

- ◆ Talk with friends, family, counselors about your college plans and how they might help.
- ◆ Keep a list of colleges and classes that you are interested in. You can find information in the Counseling Office, the Career Center, library or on the Internet.

DECEMBER

- ◆ Take the **SAT Subject Tests** in courses you will complete in January.
- ◆ Research college websites for information, catalogs and visitation dates.
- ◆ Plan college campus visits with your family or check with your counselor for special trips organized by clubs.

JANUARY

- ◆ Review your PSAT scores with your math and English teachers
- ◆ Plan a strategy for getting the SAT I scores you want. Check with your student's counselor for SAT review programs.

FEBRUARY/MARCH

- ◆ Register for the **SAT I and SAT Subject Tests** at www.collegeboard.org
- ◆ Register for the **ACT** test at www.actstudent.org

Choose your top 5 colleges

- ◆ Plan visits during the spring break, and collect information on each college
- ◆ Explore careers in more depth by visiting the Career Center on campus, talking to people using the skills you would like to develop, or by reading.

APRIL/MAY

- ◆ Visit distant colleges during the spring break (some colleges can arrange for you to stay overnight in the dorms for your visit).
- ◆ Review your SAT I scores and GPA with your counselor to determine your eligibility.
- ◆ Attend the East Bay College Connection Fair at Saint Mary's College in Moraga.

MAY-AUGUST

- ◆ Continue to collect information on your top college and career choices
- ◆ Contact graduating seniors who are going to college; they are a great source of information and may be open to assisting you in a campus visit in the fall.

12th Grade Checklist for College Admission*

AUGUST

- ◆ Register to take admission tests (SAT I, ACT and SAT II) for your college choices at www.collegeboard.org
- ◆ Develop a calendar/schedule noting important application deadlines for each college, scholarships and tests.

SEPTEMBER

- ◆ Meet with your counselor to evaluate your records for the UC A-G requirements.
- ◆ Make sure you are taking the correct classes for your college choices. Visit websites or write to college admission offices for applications and housing information. Many colleges now allow you to apply on-line.
 - ◆ Begin work on autobiographic essay for college applications. Check-out the helpful websites section for more info.
 - ◆ Contact UC Berkeley Student Advisors in the Counseling office for help with applications, essays, etc.
 - ◆ Scholarship Bulletins are on-line at the www.slhs.net website – new ones are announced regularly!

OCTOBER

- ◆ Attend the College Information Day event at U.C. Berkeley. Visit www.eastbayconsortium.org to get date and location.
- ◆ Research/apply for scholarships and obtain college applications
- ◆ Take admissions tests
 - ◆ Contact UC Berkeley Student Advisors in the Counseling office for help with applications, essays, etc.

NOVEMBER

- ◆ File University of California and California State University applications between 11/1 and 11/30. Private colleges have different filing dates, so check with each individual school.
- ◆ Fill out preliminary transcript requests at the Registrar's Office, showing college work completed for prior years.
 - ◆ Take admissions or achievement tests.

DECEMBER

- ◆ Begin preparing for financial aid procedures (FAFSA). Gather income tax records, family and your income figures. Familiarize yourself with types of financial aid and how to apply. Request forms from individual colleges.
- ◆ Ask teachers and counselors to complete recommendations for you, if needed, for scholarships and/or admissions. Please do so early in the month so that they have adequate time to complete the recommendations.
- ◆ Take achievement tests.
 - ◆ Scholarship Bulletins are on-line at the www.slhs.net website – new ones are announced regularly

JANUARY/FEBRUARY

- ◆ Apply for financial aid (fill out the FAFSA form for State and Federal aid).
- ◆ **Submit your FAFSA application between January 1 and March 2**

- ◆ Write a thank you note to all who wrote letters of recommendation for you.
- ◆ **Fill out the San Leandro Scholarship Foundation Application for eligibility for thousands of \$\$ in local scholarships. Application form in the Counseling Office.**

MARCH

- ◆ Submit all supplementary documents to colleges and financial aid institutes (copy of income tax forms, transcript).
- ◆ Apply for scholarships & **fill out the San Leandro Scholarship Foundation application** in the Counseling Office.

APRIL/MAY

- ◆ APRIL 1 DEADLINE to apply for EOP at state colleges. Submit supplementary forms.
- ◆ Admissions notifications usually come out in mid-April for private colleges and some UCs. State universities usually notify in Mid-May.
- ◆ MAY 1 is the official deadline for letting UC and private colleges know if you plan on attending.

JUNE

- ◆ Send final transcripts to the college of your choice the last two weeks of school.

**Check with your student's counselor for local resources that can help you and your student complete the college preparation and application process.
For more information, visit these helpful websites:**

www.eastbayconsortium.org	Tons of college info for students & parents, college fair dates, etc.
www.calstate.edu	Explore the California State University system
www.csumentor.edu	CSU system website – includes online application, majors, campus info
www.universityofcalifornia.edu/admissions	Provides info on UC Eligibility Index
www.ucop.edu/pathways	UC system website – includes online application
www.ucgateways.org	Vital info for writing UC personal statement essays
www.hbcuconnect.com	Website with search and links to Historically Black Colleges & Universities
www.applyingtoschool.com	Send your info to 3000 colleges so they can contact you
www.commonapp.org	Common application for 200+ private colleges & universities across the country
www.californiacolleges.edu	Website with all public and private 2 and 4 year colleges and universities throughout California
www.ctcl.com	Resource for small liberal arts colleges with wonderful programs for all students
www.collegeview.com	Another resource for college searches
www.collegeboard.com	Register for SAT & Subject Tests, check out practice tests, AP Exam dates, colleges, etc.
www.actstudent.com	Register for the ACT Exam
www.fafsa.ed.gov	FAFSA (financial aid) application and information
www.calgrant.org	Cal Grant Website –info on state grants
www.edfund.org	Financial Aid & college planning tools for students and parents
www.fastweb.com	Scholarship resources

*Compiled with help from the East Bay Consortium of Educational Institutions and the Oakland Tech Handbook

Community College – Is it for you?

What is Community College? It is a 2-year institution of higher education that has three pathways to choose from:

1. Preparation for transfer to a 4-year college/university
2. Pursue a 2-year degree / certificate
3. Already working and wanting to become more knowledgeable or learn a new career

Why attend a Community College?

1. Financial reasons
2. Not ready to move on
3. Experiment and try out different classes and programs
4. Satisfy 4-year college entrance requirements
5. A second chance for a higher education at a 4-year school
6. Opportunity to gain valuable background to be successful at 4-year school

Community Colleges Offer:

1. Certificated/Vocational Programs

For students not ready to look at extended education commitments

Usually shorter length (1 to 2 years)

Course work confined to subjects directly related to required career skills

Designed to make a student JOB READY and to move directly into employment

2. Associate degrees (2 year degrees)

For students interested in completing college work for a college degree (AA/AS)

A degree offers greater job opportunities and greater chances of advancement

Background and work needed for transfer students who are working toward a 4-yr degree

3. Transfer Programs

Allow a student to begin college/university work at the community college

Students can complete the freshmen and sophomore Lower Division work and

transfer as a Junior to a 4-yr college/university to complete their Upper Division work

Economics: - complete college/university work without paying the cost

- save money for transfer to a 4-year college

Several universities and colleges (including some UCs) write contracts with students

which guarantee the community college student admissions in their junior year

(Minimum GPA required) provided they maintain a minimum daily attendance in

high school. Students applying for the program must complete special Advanced

Placement form for concurrent enrollment well in advance of the semester of

intended enrollment (e.g. in the month of May for the following Fall Semester);

enrollment is subject to approval by the high school counselor or guidance

administrator and college admissions officer.

Historically Black Colleges and Universities (HBCUs): There are 106 historically black colleges and universities in the United States, who can count among their graduates such luminaries as W. E. B. Du Bois (Fisk University), Thurgood Marshall (Lincoln University and Howard University), Toni Morrison (Howard University), and Martin Luther King, Jr.

(Morehouse College). Many SLHS graduates have attended HBCU's. If you are interested in attending an HBCU, see your student's counselor for information about specific colleges and programs. One helpful resource for students is HBCU mentor. Visit their website at

www.hbcumentor.org.

Local Trade Schools

- DeVry University 6600 Dumbarton Circle, Fremont, CA. www.devry.edu
- Heald College 25500 Industrial Boulevard, Hayward CA. Go to www.heald.edu for a list of other locations and admission requirements.
- Western Career College 15555 E. 14th Street, Suite 50, San Leandro, CA www.westerncollege.edu
- Wyo Tech: 200 Whitney Place, Fremont, CA www.wyotech.edu

Enrichment Resources:

<p>TeachBar 15555 E. 14th St., Suite 213 San Leandro, CA 94578 510-278-5980 Offers individualized and group tutoring in math, writing, CAHSEE, SAT & ACT, and other enrichment programs. www.theteachbar.com</p> <p>San Leandro Boys & Girls Club 401 Marina Blvd. San Leandro, CA 94577 510/483-5581</p> <p>Ames Seminars 3249 Mt. Diablo Blvd., Suite 202 Lafayette, CA 94549 800/799-9799 www.amesseminars.com</p>	<p>Girls Inc. 13666 E14th St. San Leandro, CA 94578 510-357-5515 Website: www.girlsinc-alameda.org Offers after-school enrichment & tutoring programs for girls.</p> <p>Eden Youth & Family Center, K-12 680 W Tennyson Hayward, CA 94544 Contact: Sandy Moniz (Clubhouse Program Director) Phone: 510/887-1146 Fax: 510/783-0184 Website: http://www.edenfamilyservices.org</p> <p>Chabot College Tutors – 723-6826</p> <p>Cal State Eastbay Tutors – 885-3500</p>
--	---

Community Resources:

Family Service Counseling Center

510-483-6715, 2208 San Leandro Blvd., San Leandro, CA 94577. (Cross street Marina Blvd.)

Provides quality, professional psychotherapy counseling services. They promote emotional health through individual counseling for children, adolescents, and adults of all ages, family and couples counseling, and counseling for support groups.

- ◆ Pathways Counseling Center, Girls Inc. (contact Selene Fabiano for more info)
- ◆ Children's Specialized Services (call Ellen Muir for info)

- ◆ Head Start Counseling (check on resources they offer)
- ◆ List of Teen Specific Resources from Building Futures w/Women & Children:
Many of these resources are available 24 hrs a day
 - A Safe Place 510-986-8600
 - Alateen Family Group 510-276-2270
 - Alta Vista 510-535-4230
 - Asian Community Mental Health 510-451-6729
 - Children's Teen Clinic 510-428-3387
 - Davis Street Family Services 510-347-4620
 - CA Youth Crisis Hotline 800-843-5200
 - Teen Crisis Hotline 800-999-9999
 - Youthlink 877-968-5441

Public Transportation Services: A reduced student BART Ticket is available at the Student Bank. Parent/guardian approval and payment is required. Contact the School Bank for specific details.

Sports, Clubs & Extracurricular Activities:

Extra-Curricular Activity and Athletic Eligibility Policy

Participation in extra-curricular athletics and cheerleading requires a 2.0 Grade Point Average (C average) based on 1st semester, 1st term, 2nd semester, and 2nd term grades. Students who fall below a 2.0 (in a grading period) because of extenuating and temporary circumstances have the option to apply for Extra-Curricular Activity and Athletic Eligibility Probation. This option is only available once as underclassmen. The first step in that process is completing a request form. These forms are available from the Athletic Director.

Due to budget cuts, each athlete will need to fundraise \$45.00 in order to participate in sports. By doing so, every athlete will receive: Associated Student Body Activities Sticker which provides admittance to all home league games and discounts for all dances held at the school. Additional fundraising will take place throughout the school year or a parent may sponsor students.

How much time will my student miss while participating in a sporting event as an athlete?

Your student will be released early from their class depending on the time of the sporting event. It would be your student's responsibility to make up any class assignments and or homework missed. It is advisable that your student coordinate with their counselor about scheduling their classes accordingly i.e., Plan to take P.E. or Team Sports at the end of the day.

Sports Offered at San Leandro High:

Fall	Winter	Spring
Football	Girls & Boys Basketball	Girls & Boys Swimming
Girls & Boys Cross Country	Boys Soccer	Boys Tennis
Girls Volleyball	Girls Soccer	Boys Golf
Girls Tennis	Girls Wrestling	Baseball
Girls Golf	Boys Wrestling	Softball
Cheer Leading	Cheer Leading	Girls & Boys Track & Field
Water Polo		Girls & Boys Badminton

Clubs at San Leandro High School:

This list is subject to change, so students should check with Activities Director for a current list. If students can't find their favorite club activity, they can find a teacher/staff mentor and start one.

Ethnic / Cultural Clubs:

African American Student Union: The African Student Union club invites all students to come and experience as well as learn about African American history. Everyone is welcome to join.

Airborn: Airborn is a club that studies the Bible with guest speakers that make you think about the "bigger picture". Learn about the Bible, yourself, and other religions.

Asian Alliance Club/The Asian Pacific Islander Club: Experience cultures from China, Vietnam, India, the Philippines and other Asian countries. We hold Asian Celebrations, Lion Dancers for Chinese New Year, and an Asian Assembly.

Gay/Straight Alliance: The SLHS Gay/Straight Alliance was the first GSA in California, and works to overcome prejudice and discrimination based on sexual orientation. GSA welcomes all students who believe in human rights for all people.

Latinos Unidos The Latino Student Union invites all students to experience as well as learn about Latino culture. Experience La Raza Day!!

Service Clubs:

Class Board: Plan class activities. Run for Class Officer's, President, V.P., Secretary, or Treasurer.

Interact: A service club that helps the community. The Interact Club is a nationwide club.

California Scholarship Federation (CSF): Come join the club where you can do community service, show your academic clout.

Key Club: Key Club is the largest internationally recognized high school service club.

Octagon: Octagon is a service club that extends to Elementary (Alpha), Junior High (Jr. Optimist), High School (Octagon), and Adult (Optimist) levels.

District Student School Board Member Representation: Ask Activities Director about how to apply—seniors only.

Recreational Clubs:

Badminton Club: For those who want to learn or love to play the game.

Book Club: Students who love to read, come and join

DECA: Distributive Educational Clubs of America, Members prepare for careers in business.

National History Club: For those who love history and debate

Quiz Bowl: Test your knowledge of Art, History, Politics with others on campus. We do compete locally with other schools.

Red Cross Club: Helps plan blood drives and community service on Campus

Robotics Club: For those who like to build, are interested in engineering. Students build their own Robotics and can compete in competitions.

Opportunities for Parent Involvement:

School Site Council (SSC) - This council is composed of teachers, classified staff, parents, and the principal. It is responsible for helping create and implement the school plan, which includes staff development and the school budget. Contact the Principal's Secretary for meeting dates and times.

English Learner Advisory Committee (ELAC) -This committee is an advisory committee that is a resource to parents who have students who are English Learners. We review data, help parents plan the academic program for their students, and review student achievement and progress with parents. Contact the Principal's Secretary for meeting dates and times.

Parent Equity Group - The Parent Equity Group is a parent group that has the sole function of bridging the communication and involvement gap between minority parents and the school as well as the school district. We meet regularly to focus on issues of equity. All parents are welcome. Please join us in our relaxed meeting environment. For more information, contact Yvonne Nunn at 510/667-0205

The Buddy List – From a parent's perspective. The parents listed below may be able to assist and guide you with your concerns.

Herlinda Morales–Chacon - moraleshg@sbcglobal.net Phone: 510-667-9240 **se Habla Español**

Jeni Engler – jeniengler@sbcglobal.net Phone: 510-352-8473

Evelyn Gonzalez – eigonzalez@comcast.net Phone: 510-352-6716

Sarah Marxer – smarxer@sbcglobal.net Phone: 510-562-5369

WingSheung Mok - mokwingsheung@hotmail.com Phone: 510-632-1622

Carolina Altamirano – carola551@aol.com Phone: (510) 205-3320

Angie Foxall – afoxhall@yahoo.com

Carmen Ward-Sullivan – crstncarm@comcast.net Phone: 510-614-5758

Charles or Caren Watson – the4cs@att.net Phone: 510-352-9394

Trina Dumas Ladumas3@aol.com Phone 510-798-9090

United Parents - Our high school parent group meets at **7pm the 1st Thursday of the month** starting in September. We provide parent education topics of interest, a social network to meet other parents, and sponsor school programs, including funding our teacher/staff mini-grant program with over \$5000 per year. Membership is \$20 per year. You do not need to be a member to come to the meetings. All parents are welcome.

- ◆ **EMAIL** – if you have email, please submit your email address to United Parents, unitedparents@gmail.com to receive school notices on school events, volunteer opportunities, UP meeting reminders, and other important information. You don't have to be a member to sign on.
- ◆ **Escrip** – sign up for Escrip at www.escrip.com and help us fund more programs at the high school every time you shop at Safeway and other stores - United Parents of SLHS acct. #136952255. There is no cost to you.

Pirate Boosters - The Pirate Boosters Club is open to all parents. The group's sole function is to fundraise and support all of our after-school athletic programs.

We have a membership drive at the beginning of each school year and we operate the snack bar at all home football games. We also support snack bars at other athletic events, such as basketball, volleyball and wrestling. All proceeds from the snack bars are used to support our athletic programs. Our biggest and most successful fundraiser is our annual Coach's Crab Feed held in February.

The monies raised are used for a variety of needs, such as additional equipment, transportation, uniforms, scholarships, etc.

We urge all parents to get their student involved in at least one of our many wonderful athletic programs. It is a great way to meet new friends, stay healthy and support our school.

Membership information is available at Orientation, Back-to-School Night, Student Bank, or you can email Shirley Harvey President, Pirate Boosters at sharvey@sanleandro.k12.ca.us

SLHS Important Dates 2013-2014

First Semester	Second Semester
<p>August 21st : First Day for students</p> <p>September 2nd : Labor Day Holiday 19th Back to School Night (2:00 pm dismissal) 28th: Progress reports mailed this week</p> <p>October: 4th : Staff Development Day (No Students) 25th: End of 1st quarter grading period</p> <p>November 7th: Report Cards mailed this week 11th: Veteran’s Day Holiday 25th thru 29th : Thanksgiving Holiday</p> <p>December 6th: Progress Reports mailed this week 23rd:Winter Break begins</p> <p>January 6th: Return from Winter Recess Break 14th – 16th : Finals (12:35 Dismissal) 16th: End of 2nd quarter grading period 17th No Students – Teacher Planning Day 20th: Martin Luther King Jr. Holiday 24th: Report Cards Mailed this week</p>	<p>February 6th : Open House (2:00 pm dismissal) 17th –21st : President’s Week Holiday</p> <p>March 28th: End of 3rd quarter grading period 31st: Staff Development (No Students)</p> <p>April 4th: Report Cards mailed this week 14th -18th: Spring Break 21st: STAR Testing Window Begins</p> <p>May 16th: STAR Testing Window Ends 26th: Memorial Day Holiday</p> <p>June 10th – 11th : Finals (12:35 dismissal) 12th: Last Day of School 17th: Report Cards mailed this week</p>

Counseling Department Timeline of Programs & Services

<p>August</p> <ul style="list-style-type: none"> • Counselors back in office one week before school starts • Registration • New Student Programming • New Student Enrollment 	<p>September</p> <ul style="list-style-type: none"> • Class Balancing • PSAT Info Given Out • Back to School Night • <u>Senior Letters/Transcripts/4 -Year Plans Updates</u>
<p>October/</p> <ul style="list-style-type: none"> • Senior Classroom Presentations • UC & CSU applications distributed • SAT Testing • CAHSEE Given to 11th & 12th graders • College Entrance follow-up with Seniors • PSAT Exam Given to 10th & 11th graders • 	<p>November</p> <ul style="list-style-type: none"> • 1st report Card Out • D & F List for all students comes out; students met with by the counselors • Thanksgiving Break • <u>UC & CSU Applications Due Nov 30</u>
<p>December</p> <ul style="list-style-type: none"> • Financial Aid Classroom Presentations 12th graders • ROP Tour for 10th Graders • CAHSEE for 11th & 12th Grades • Winter Vacation 	<p>January</p> <ul style="list-style-type: none"> • Financial Aid Night for Seniors • 10th Grade Parent Meeting • Balancing of classes • Preparation for 2nd Senior Letter • All Programming forms & course directory are updated • End of 1st Semester
<p>February</p> <ul style="list-style-type: none"> • Open House • 9th Grade Programming & 4 year plans • 11th Grade Programming 	<p>March</p> <ul style="list-style-type: none"> • 10th Grade Programming • Early Decision presentations for seniors • 8th Grade Programming • 8th Grade Parent Meeting • Early Decision Assessment for Chabot College • 3rd Quarter grading period ends
<p>April</p> <ul style="list-style-type: none"> • Start a list of students who need to transfer to Lincoln • Summer school sign ups begin • Survey seniors regarding post graduation plans (classroom visits) • STAR Testing • Seniors recommendations sent to Lincoln or Lighthouse. 	<p>May</p> <ul style="list-style-type: none"> • Summer School Sign Ups continue • Summer Community College concurrent enrollment signups and orientation • Chabot College Early Decision Registration for seniors • <u>Select Scholarship Winners</u> • May 1 Statement of Intent to Register for CSU/UC colleges • <u>Final Graduation Status letters sent</u>
<p>June</p> <ul style="list-style-type: none"> • Graduation rehearsal • Concurrent enrollment forms for community college completed • Senior Summer School enrollment 	